

## **„Group dynamics“ at the Center of Social Competence**

The course „Group dynamics“ is a training format in which participants can observe and experience the development of a group from an initial meeting right through to the end. Together with a trainer the participants, who know very little or ideally nothing about each other from previous life contexts, form groups of 8-12 people. These groups consistently reflect and focus on themselves in several sessions over the course of a week. Using their own example, they examine how groups develop, which processes can be observed, what kind of structures emerge, which roles solidify and dissolve again, and much more.

Participants in T-Groups look behind the scenes of dynamics and processes as they participate in them and thus experience them themselves. This gives them an understanding of the interrelationships and forces that affect social structures – and their own contributions to the same. Sensitizing the perception of oneself in interaction with others opens a personal learning potential that is demanding and not so easy to top.

T-group sessions are complemented by theoretical inputs.

At the Center for Social Competence, the course is offered twice a year.

### **Next courses scheduled:**

**July 4<sup>th</sup>-8<sup>th</sup>, 2022 (two T-groups held in English)**

**February 6<sup>th</sup>-10<sup>th</sup>, 2023 (only German T-groups)**

**July 3<sup>rd</sup>-7<sup>th</sup>, 2023 (two T-groups planned in English)**

Students from Graz University are admitted prior to students from other Austrian universities who are welcome and can participate when they have done a co-registration at Graz University.

For detailed information please go to:

<https://studienabteilung.uni-graz.at/en/studying/admission-registration/co-registration/>

Participation fee for externals (non-students): € 1.200,-  
(travel and accomodation costs excluded)

### Contact for information:

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